# KEY CLUB

# Florida District Service Directory



Created by the Florida District Service Committee

"True leaders understand that leadership is not about them, but about those they serve. It is not about exalting themselves but about lifting others up." -Sheri L. Dew

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#### Adopt a Grandparent

- <u>http://www.adoptagrandparent.org/</u>
- Adopt a Grandparent is a great opportunity to bridge the generational gap and give older citizens companions. You can help by volunteering at a local retirement home, visiting elders on the weekends or weekdays or donating to the organization.

#### Adopt a Troop Foundation

- <u>http://adoptatroop.net/</u>
- Adopt a Troop is a non-profit organization that raises money and collects supplies for troops in Iraq and Afghanistan. You can help by creating care packages for the soldiers, which can include a variety of items such as toiletries, books, or handwritten letters.

#### CHOW NOW Children Hungry on Weekends: Not on Our Watch

- Camden (941) 725-1202, Camsag8r@aol.com
- This program provides kids that have free or reduced lunch at school with non-perishable meals on the weekends. Fundraising, community involvement and supply drives are good ways to collect food supplies for the kids who need it on the weekends.

#### Christian Foundation for Children and Aging (CFCA)

- <u>http://www.cfcausa.org</u>
- CFCA is a non-profit organization that promotes the sponsorship of children and families in need in various countries around the world. By donating a simple \$30 a month, you can help pay for someone's education, medical expenses, as well as basic necessities. You can raise money with in your club or division, and sponsor a child for a year, or make simple monetary donations to help the cause.

#### Florida Coalition Against Domestic Violence (FCADV)

- <u>http://www.fcadv.org/</u>
- FCADV works towards ending domestic violence through events designed to raise awareness, as well as through other outlets such as the Florida Domestic Violence Center. To help victims of abuse, hold clothing drives in the community to collect clothes for the victims.

#### **Feeding America**

- <u>http://feedingamerica.org/</u>
- Feeding America works with Key Club and various other large corporations to secure food and grocery products for food banks across the nation. Volunteering at local food banks or collecting can food for the banks are greats ways to help Feeding America, or go to the website and check out opportunities near you.

#### **Grass Root Soccer**

- <u>http://www.grassrootsoccer.org/</u>
- Grass Root Soccer uses the power of sport to bring knowledge, skills and support African youth in order to enable them to live free of HIV. You can help raise money and awareness by having a soccer tournament in your school, and encouraging different teams and clubs to participate.

#### Florida Guardian ad Litem Program

- <u>http://www.guardianadlitem.org/</u>
- This organization helps speak against child abuse and neglect. You can help by creating gift baskets, bags of hygiene products, or even toys to be donated to the children.

#### Hershey's Track and Field

- <u>http://www.hersheystrackandfield.com</u>
- Sponsored by the food company Hershey's, Hershey's Track and Field is a project created in order to promote health, wellness, and fitness in your local community. You can participate by organizing your own event, or participating in one in your local area.

#### Horses and the Handicapped

- <u>http://www.handhmagic.org/</u>
- Horses and the Handicapped is a non-profit organization that provides horseback riding and other therapeutic activities to children and adults with developmental difficulties. You can help by raising money to be donated to the organization or by volunteering with the organization.

#### Jump Rope a Heart

- <u>http://www.americanheart.org/presenter.jhtml?identifier=2360</u>
- This organization was started to help prevent kids becoming overweight as adults and to prevent heart disease in those overweight kids. You can help by going to your local elementary school and starting a Jump Rope a Heart in the P.E classes as well as promoting the program at local youth centers in your community.

#### Marine Mammal Center

- <u>http://www.marinemammalcenter.org/</u>
- The Marine Mammal Center helps protect marine life that is essential to all life. As Key Clubbers you are able to adopt a seal or any other animal and raise money for the animal to be protected in its life.

#### Meals on Wheels

- <u>http://www.mowaa.org</u>
- Meals on Wheels is the oldest and largest organization in the United States, and helps provide meals to people in need. You can help Meals on Wheels by holding can food drive at your school or by volunteering at a local Meals on Wheels location.

#### Souper Bowl of Caring

- <u>http://www.souperbowl.org</u>
- This organization holds canned food drives that will be donated to local homeless shelters or other organizations that collect canned food. You can help by holding can food drives and by donating the cans to a local shelter, or creating a food bank of your own.

#### World Wildlife

- <u>http://www.worldwildlife.org</u>
- World's Wildlife is an organization that protects our earth and its natural resources and wildlife. You can promote awareness and learn more by checking out the website.

#### YMCA

- <u>http://www.ymca.net</u>
- YMCA is an organization that helps underprivileged kids and adults have fun and to see there is more to life than being underprivileged. Volunteering at your local YMCA events and other YMCA activities are many ways your Key Club can get involved.

# **Drives**

#### Becca's Closet

- <u>www.beccascloset.org</u>
- Becca's Closet is an organization dedicated to providing prom and other formal dresses to students who cannot afford them. Organize a dress drive with your club before the end of the school year when most proms are held, and help to provide girls in your community a chance they otherwise would not have had.

#### Books for Africa

- <u>http://www.booksforafrica.org/</u>
- Books for Africa collects, sorts, ships, and distributes books to children in Africa. The most common form of aid is donations due to the fact that the shipping of books overseas is extremely expensive. Hold a book drive with your club, but also be sure to raise enough money to ship the books to the BFA warehouses overseas.

#### Christmas in July

- <u>http://christmasinjulyinc.com/</u>
- The purpose of the event is to provide homeless or poor children with school supplies. Host a school wide collection drive for the program and donate the supplies and/or funds to Christmas in July, or talk to local businesses about getting donations for your project.

#### Florida Coalition Against Domestic Violence (FCADV)

- <u>http://www.fcadv.org/</u>
- FCADV works towards ending domestic violence through public awareness, policy development, the establishment of standards, provision of funding, and support for Florida's domestic violence centers. You can hold a drive at your school at any point during the year, or multiple times throughout the year. Shelter locations can be found on the website.

#### Halloween Costume Drives

• Providing costumes for kids whose parents cannot afford them makes the holiday more fun for everyone! Have your Key Club host a costume drive within your school and donate all the costumes to a local church, Boys and Girls Club, or orphanage. Hold the costume drive before the holiday, of course, so that these children have something to wear. After the holiday have a post-Halloween costume donation drive for which people can donate the costumes just worn that can be donated for next year.

## **Operation Christmas Child**

- <u>http://www.samaritanspurse.org/index.php/OCC/index/</u>
- Operation Christmas Child brings joy and hope to children in desperate situations around the world through gift-filled shoeboxes. Gather your Key Club members as well as community members and have them donate wrapping paper, shoeboxes, and small non-perishable toys.

## Room To Read

- <u>http://www.roomtoread.org</u>
- Room to Read focuses on improving gender equality in the school environment of developing countries, as well as literacy as a whole among the young people of today. They work in collaboration with communities and local governments in Africa and Asia to develop literacy skills and support the education of girls through monetary donations, sponsorship, and providing them with books. You can help by having a book drive in your local area to donate to the organization, or raising money to sponsor the education of a young girl.

#### The Salvation Army

- <u>http://www.uss.salvationarmy.org/uss/www\_uss.nsf</u>
- The Salvation Army is an international movement, working to assist the homeless and disadvantaged people of America. By having a clothing drive and donating the items to Salvation Army houses throughout Florida, your club will also be participating in the FCADV Clothes Drive and competing for recognition at DCON.

#### Souper Bowl

- <u>www.souperbowl.org</u>
- (803) 788-3476
- The basic goal of the project is to collect and donate as many cans of food as possible to local homeless shelters or any organization that collects cans. Donating canned food items to Souper Bowl of Caring helps ensure that homeless people are fed.

#### Toys for Tots

- <u>www.toysfortots,org</u>
- (703) 643-9433
- The mission of the U.S. Marine Corps Reserve Toys for Tots Program is to collect new, unwrapped toys during October, November and December each year, and distribute those toys as Christmas gifts to needy children in the community in which the campaign is conducted. Have a toy drive at your school and collect new toys for underprivileged children, however

## Teddy Bear Drive

• Hold a Teddy Bear drive at your school. Your club can design the competition however it likes, between grades, advisories, or even other clubs. Whoever wins should be given a prize such as an ice cream or pizza party. See if your club can get permission to spend time with the sick children either reading, playing games, or even just hugging their new teddy bear friend.

# Florida Guardian Ad Litem Program

- <u>http://www.guardianadlitem.org/</u>
- About it: The Florida Guardian Ad Litem Program is a partnership of community Advocates and professional staff providing a powerful voice on behalf of Florida's abused and neglected children. Conduct a hygienic product drive in your school. Once all of the products are collected, create gift baskets within your Key Club to be donated to Guardian Ad Litem.

#### Adopt-A-Highway

- <u>http://www.dot.state.fl.us/statemaintenanceoffice/aah.shtm</u>
- For nearly ten years, Florida's Adopt-A-Highway program has improved the appearance of highway right-of-way throughout Florida while reducing the cost of litter removal.

#### **Appalachia Service Project**

- <u>http://www.asphome.org/</u>
- The Appalachia Service Project strives to enhance housing services to low-income families in Central Appalachia. This area has poverty rates well above the national average and many of the counties are classified as "distressed" by the Appalachian Regional Commission.

#### Arts and Crafts

• Arts and Crafts are all about being creative. Painting, sculpting, drawing...whatever it is, arts and crafts is a way to help people relax, bond, and have fun.

#### **Beads of Courage**

- <u>http://www.beadsofcourage.net</u>
- Beads of Courage is a resilience-based intervention designed to support and strengthen the protective resources in children coping with serious illnesses. Through the program children tell their story using colorful beads as meaningful symbols of courage that commemorate milestones they have achieved along their journeys of treatment.

#### Graffiti Clean-up

- <u>http://www.graffitihurts.org/community/organize.jsp</u>
- Graffiti clean-ups are a great way for your club to get involved with the community and make a positive impact on your local area. By cleaning up graffiti from buildings, signs and other areas you are creating an image of organized and put-together neighborhoods and communities. You are also helping the community save money usually spent on graffiti clean-up.

#### Habitat for Humanity

- <u>http://www.habitat.org/cd/local/affiliate.aspx?zip=33351</u>
- Habitat for Humanity is an organization dedicated to eliminating poverty and homelessness by working with homeowners to build houses for those in need. Relying on volunteers, this organization has built over 300,000 houses around the world, providing more than 1.5 million people in 3,000 communities with safe, decent, affordable shelters.

## Homes for Our Troops

- <u>http://www.homesforourtroops.org</u>
- Homes for Our Troops is strongly committed to helping those who have selflessly given to their country and have returned home with serious disabilities and injuries. We assist severely injured Servicemen and Women and their immediate families by raising donations of money, building materials and professional labor and then coordinating the process of building a new home or adapting an existing home for handicapped accessibility. The finished home is then given to the veteran.

#### Park Renovations and Clean-ups

- <u>http://www.floridastateparks.org/</u>
- The Florida Park Service manages 160 state parks consisting of more than 700,000 acres. With more than 21 million visitors a year, it is a challenge to provide quality visitor services with just a little more than 1,000 employees. Years after being built, especially after consistent use and Florida rainy weather, much of a park's resources begin to wear away, signaling a need for renovation.

## Boys and Girls Club

- <u>http://www.bgca.org/</u>
- About it: Boys and Girls Clubs helps promote and enhance the development of boys and girls by instilling a sense of competence, usefulness, belonging and influence. Your club could work with Kiwanians to help set up a Boys and Girls Club where it may be needed but is not yet present.

# **Builders** Club

- <u>http://slp.kiwanis.org/buildersclub/Homepage.aspx</u>
- About it: Builders Club is a "student-led" community service organization that operates under school regulations and draws its members from the student body. If there are no Builders Clubs near your school, work with your sponsoring Kiwanis Club to set one up! If there is one already, set up a program to mentor and help the club.

#### K-Kids

- <u>http://slp.kiwanis.org/kkids/home.aspx</u>
- About it: These clubs are ideally suited for students in grades 1 through 5 (ages 6 to 12). K-Kids is a "student-led" community-service organization, which operates under school regulations and draws its members from the student body. If your Kiwanis Club does not sponsor a K-Kids, talk to them about finding an school to start the program in and find ways to mentor and expand the club for years to come.

#### **Every Child A Swimmer**

- <u>http://everychildaswimmer.org/index.html</u>
- About it: The ECAS Project offers to educate and train Elementary School children in water safety. K-Family can participate in Every Child A Swimmer by being "in-water assistants" to the trained professionals teaching the children to swim.

#### Kiwanis Young Children Priority One

- <u>http://www.kiwanisone.org/Pages/Resources/default.aspx?PageID=116</u>
- About it: YCPO helps the needs of young children in their areas and developed service projects based on those needs. By helping develop a service project, you are not only strengthening the bond between the Key Club and Kiwanis Club, but also helping the community of children.

#### **Kiwanis Family Picnics**

• About it: Picnics are a great way for people to come together, get to know each other, and eat great food! Instead of having your local Kiwanis host a Kiwanis Family picnic, let your club take the initiative and plan it yourself!

## Pancake Breakfast

• About it: This is a great way for Kiwanis Clubs, Key Clubs and Builders Clubs to work together as part of the Kiwanis Family to raise money for projects and strengthen their relationships. Traditionally Kiwanians pick the location while the Key Clubbers make the pancakes and the Builders Clubbers serve coffee and juice. Tickets are either sold in advance or at the door.

# Valentine's Day Party

• About it: Key Clubbers can organize parties at local Boys and Girls Clubs or children's hospitals for kids who may not be getting enough love at home or are just away from their loved ones for the time being. Invite your entire club to the party and encourage members to bring gifts or supplies.

# Major Emphasis

The Major Emphasis is a collaboration of Key Club's preferred charities with the goal of uniting all Key Club members to focus energies on making a global impact on children. The three components of the Major Emphasis are the Service Initiative, the Service Partnerships, and participation in the program. The three Service Partners are the Children's Miracle Network, March of Dimes, and UNICEF, which are explained below.

#### Children's Miracle Network

- <u>http://www.childrensmiraclenetwork.org/</u>
- Children's Miracle Network is a non-profit organization that raises funds for more than 170 children's hospitals.

#### March of Dimes

- <u>http://www.marchofdimes.com/</u>
- March of Dimes strives to improve the health of babies by preventing and spreading awareness of birth defects, premature birth, and infant mortality.

#### UNICEF

- <u>http://youth.unicefusa.org/trickortreat/</u>
- UNICEF (United Nations Children's Fund) is a project that is easy to get involved in. Trick-or-Treat for UNICEF is a great way to raise money and work with K-Kids. To find out more information, please check out <u>THE ELIMINATE PROJECT</u> section.

The Special Needs Awareness Program is one of the past Governor's Projects, which still has many great and applicable service opportunities. Below are some ideas that go along with the project.

#### Autism Speaks

- <u>http://www.hosa.org/natorg/sectb/catv/natserv.pdf search="Autism"</u>
- About it: Autism Speaks has grown into the nation's largest autism science and advocacy organization, dedicated to funding research about the causes, prevention, treatments, and a cure for autism; increasing awareness of autism spectrum disorders; and advocating for the needs of individuals with autism and their families.

# **Best Buddies**

- <u>http://www.bestbuddies.org/</u>
- <u>http://www.bestbuddiesflorida.org</u>
- <u>http://www.bestbuddiesflorida.org/site/c.kwL3KmN2LvH/b.1287625/k.903B/High\_Sch\_ools.htm</u>
- About it: Best Buddies is a non-profit organization dedicated to establishing a global volunteer movement that creates opportunities for friendships, integrated employment and leadership development for people with intellectual and developmental disabilities.

# Dinner for the Blind

• About it: By holding a dinner for the blind, a club has the opportunity to see firsthand the effects of not being able to see while providing entertainment for those who may sometimes be overlooked in the service community.

#### **Easter Seals**

- <u>http://www.easterseals.com/site/PageServer</u>
- About it: Easter Seals provides exceptional services, education, outreach, and advocacy so that people living with autism and other disabilities can live, learn, work, and play in our communities.

#### Horses and Handicapped

- <u>http://www.handhmagic.org/</u>
- About It: Horses and the Handicapped is a non-profit organization dedicated to providing effective therapeutic horseback riding and other equine-assisted activities for children and adults with physical, cognitive, and emotional difficulties.

## March of Dimes

- <u>http://www.marchofdimes.com/</u>
- About it: March of Dimes strives to improve the health of babies by preventing birth defects, premature birth, and infant mortality.

## Muscular Dystrophy Association

- <u>http://www.mda.org/</u>
- About it: This is an organization founded to provide research, care, and treatment to the lives of those affected by muscular dystrophy.

# **Operation Smile**

- <u>http://www.operationsmile.org</u>
- About it: Operation Smile is a worldwide children's medical charity whose network of global volunteers are dedicated to helping improve the health and lives of children and young adults. Since its founding, Operation Smile volunteers have treated more than 130,000 children born with cleft lips, cleft palates, and other facial deformities and the organization has a presence in 51 countries.

#### Special Olympics

- <u>http://www.specialolympics.org/</u>
- About it: Dignity, acceptance, and a chance to reach one's potential these are human rights worth promoting for everyone. Since 1968, Special Olympics has been bringing one message to the world: people with intellectual disabilities can and will succeed if given the opportunity.

# Walks

#### Alzheimer's Memory Walk

- <u>http://www.alz.org/walk/</u>
- About it: Since 1989, we've mobilized millions of Americans in the Alzheimer's Association Memory Walk®. We now ask you to register for Walk to End Alzheimer's, the nation's largest event to raise awareness and funds for Alzheimer's care, support and research. Together, we can end Alzheimer's disease the nation's sixth-leading cause of death.

#### DetermiNation

- http://www.cancer.org/docroot/PAR/PAR\_10\_DetermiNation.asp
- About it: This powerful and inspiring movement saves lives by enabling athletes to dedicate their training and participation in marathons, triathlons, cycling races, and other endurance events to a lifesaving effort to fight a disease that has already taken too many lives. Become a member of a club and your club can receive a number of benefits including free team training to help you achieve your race goals.

#### The Leukemia & Lymphoma Society

- http://www.leukemia-lymphoma.org/hm\_lls
- About it: Their mission is to cure leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life of patients and their families. Organize a walk in your school or community to raise money or visit the website to see if the LLS is holding a walk or an event near you.

#### March of Dimes

- <u>http://www.marchofdimes.com/</u>
- About it: March of Dimes strives to improve the health of babies by preventing birth defects, premature birth, and infant mortality. Your club can participate in a local walk or hold a March of Dimes drive at your school in which you can sell baby bracelets and/or students can donate coins to March of Dimes.

#### **Operation Smile**

- <u>http://www.operationsmile.org</u>
- About it: Operation Smile is a worldwide children's medical charity whose network of global volunteers are dedicated to helping improve the health and lives of children and

young adults born with cleft lips, cleft palates, and other facial deformities. Your club can participate by holding an Operation Smile walk-a-thon at your school.

# Relay for life

- <u>http://www.relayforlife.org</u>
- About it: It offers everyone in a community an opportunity to participate in the fight against cancer. Teams of people camp out at a local high school, park, or fairground and take turns walking or running around a track or path. Have your club start a team and participate in Relay for Life.

#### Susan G. Komen for the Cure

- <u>http://ww5.komen.org/</u>
- About it: As the world's largest grassroots network of breast cancer survivors and activists, we're working together to save lives, empower people, ensure quality care for all and energize science to find the cures.

#### Women for Women

- <u>www.womenorwomen.org</u>
- About it: Women for Women International provides women survivors of war, civil strife and other conflicts with the tools and resources to move from crisis and poverty to stability and self-sufficiency. You can help by organizing a Run for Congo Women walk and raise money to donate it.

# The Eliminate Project

With The Eliminate Project, Kiwanis International and UNICEF have joined forces to eliminate maternal and neonatal tetanus. This deadly disease steals the lives of nearly 60,000 innocent babies and a significant number of women each year. The effects of the disease are excruciating – tiny newborns suffer repeated, painful convulsions and extreme sensitivity to light and touch.

To Eliminate MNT from the Earth, more than 100 million mothers and their future babies must be immunized. This requires vaccines, syringes, safe storage, transportation, thousands of skilled staff and more. It will take the US \$110 million – and the dedicated work of UNICEF and every member of the Kiwanis family.

Kiwanis and UNICEF joined forces to tackle iodine deficiency disorders, achieving one of the most significant public health successes of the 20<sup>th</sup> century. Now, they are eliminating MNT from the face of the Earth. And in doing so, the project will reach the poorest, most neglected mothers and babies with additional lifesaving health care. The end of this one disease means the beginning of better health for so many families.

For more information on the Eliminate Project and service projects associated with it, visit <u>The Eliminate</u> <u>Project Booklet</u> on the Florida Key Club website.



Kiwanis eliminating maternal/neonatal tetanus



# The Governor's Project

The 2012-2013 Governor's Project is the Home Project. The object of this project is for Key Clubbers to better the lives of the homeless in our local communities. For more information refer to <u>The Governor's</u> <u>Project Service Booklet</u>.



This booklet was made by the Florida District of Key Club International's District Board Service Committee comprised of the following members; Service Committee Chair and Lt. Gov. Division 22 Emily Hughes, Lt. Gov Division 1B Cassidy McAllister, Lt. Gov. Division 8 Danielle Burris, Lt. Gov. Division 9 Sarah Jones, and Lt. Gov. Division 18 Sarah Brickman with the assistance of Zone F Assistant Administrator Richard Osso.

