

Florida District of Key Club International



Guide Book

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What is the purpose of Key Goes Green?

- To increase environmental awareness in Florida and the Cayman Islands
- To build leadership skills in members through easily accessible events
- To expand our environmental focus into members' daily lives
- To increase Kiwanis Family relations through all-age projects

Ways to Get Involved

- Park/Beach Clean ups
- Recycling Programs
- Community Gardens
- Preservation/Habitat Projects
- Pallet Gardens
- Educational Events
- Beautification Projects
- Raised Flowerbeds
- Recycling crafts

Kiwanis Family Relations

- **Aktion Club:** You can team up with your local Aktion Club to create a butterfly garden. You make this a continuous project by visiting often and helping maintain the garden.
- **Kiwanis Kids:** Plan a day to conduct workshops with your local community schools and educate them on topics such as recycling.
- **Builders Club:** Partner with your local Builders Club and help set up an ongoing recycling program. You also have the option to team up with local organizations such as Save Our Water to work with hands-on projects with your local Builders Club.

Kiwanis Family Relations

- **Circle K:** Team up with your local Circle K to educate the community about invasive plant species and to remove them from local parks and plant native species in their place. Keep this an ongoing project by returning to the park frequently to make sure the location is kept clear of invasive species. Contact Governor Jessica Cook at governor@floridacirclek.org for more information.
- **Kiwanis:** Speak with your Kiwanis Club to sponsor a family environmental awareness fair, an event educating families on environmental alternatives that they can bring back to their community.

Club Spotlight!



#KeyGoesGreen

Awards



- If your club participates in at least **3 Governor's Project events**, they will qualify for the **Governor's Project Banner Patch!**
- If you have completed **at least 25 hours** in relation to Key Goes Green, you will qualify for the **Governor's Member award!**
- The **Governor's Project Scholarship** will be awarded to a member of Key Club International who has placed his/her efforts into Key Goes Green.

Organizations

- Keep Florida Beautiful, Inc.
- ECOMB
- HandsOnMiami
- Gimme 5
- Clean the world
- Second harvest
- Terracycle

How to Make Upcycled Dog Toys

Materials:

- Unwanted shirts, towels, or other textiles
- Scissors
- People

This “how-to” demonstrates using a t-shirt, but the same patterns can be used for other textiles

Instructions:

1. Cut the t-shirt in a square pattern to eliminate the seams, sleeves, and collar
2. Cut this square area into 1.5-2 inch wide strips
3. Tie 9 strips together at one end
4. Braid, using groups of 3 strips
5. Tie together strips at the end once braided, and tie a knot in the center.



Done!

Now, just contact a local animal shelter or Humane Society and organize a time to drop them off!

Do-It-Yourself Stone Raised Flower Bed

Materials (links to some can be found at the end):

- 3- 5/4 X 6 X 12 weather-treated lumber boards
- 1- 2 X 4 X 10 standard framing board
- At least **32** 1.5 inch screws, Electric Drill, Screw Driver
- Tape Measure, pencil
- Newspaper, or weed preventative fabric
- Shovel, 16-18 cubic feet of soil

Instructions:

1. Cut 2 of the 12ft weather-treated pieces of lumber in half (giving you two 6 ft. boards)
2. Cut the 3rd board into four pieces (3ft pieces)
3. Cut the 10ft board into four pieces
4. Place a 3ft piece of wood on two of the framing board pieces with the thin side in contact with the board



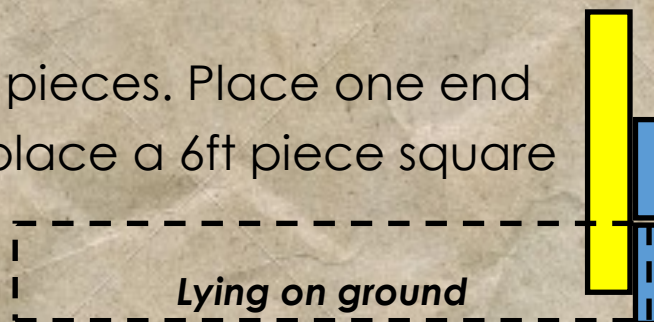
5. Drill two equally spaced holes on each side of the board, using a drill bit just a bit smaller than the screws width
6. Screw screws in until securely in the wood
7. Add another 3ft piece of wood and repeat

Repeat steps 4-7 using remaining 3ft pieces and framing wood

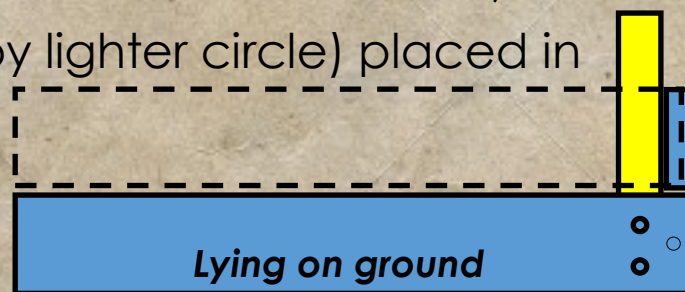


Do-It-Yourself Stone Raised Flower Bed Cont'd

8. The pieces created are the end pieces. Place one end piece with the legs upward. Then place a 6ft piece square with the edge and framing wood (shown by dotted outline)

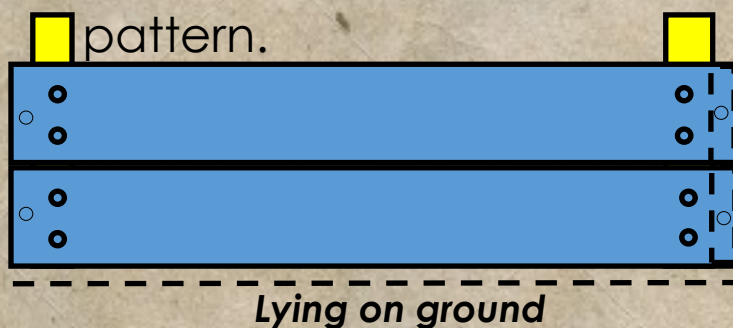


9. Drill two equally spaced holes in the end of the wood, with an optional third hole (marked in by lighter circle) placed in the middle of the very end.



10. Add a 6ft board shown by the outline, and repeat step 9.

11. Attach the second end piece to the opposite end of the 6ft board drilling in the same



Repeat steps 8-11 to complete your raised flowerbed

Placing Your Raised Flowerbed:

1. Find a sunny spot, on a preferably raised space of land.
2. Dig holes the depth of the framing wood.
3. Outline an area for the flowerbed to sit in
4. Place flowerbed, secure in ground, and line bottom with newspaper or weed-preventative fabric
5. Fill with approx. 16-18 cubic feet of soil

Links to products on following page

Do-It-Yourself Stone Raised Flower Bed Cont'd

Links to Materials:

5/4 X 6 X 12 Weather-Treated Lumber Boards

- <http://www.homedepot.com/p/WeatherShield-5-4-in-x-6-in-x-12-ft-Standard-Pressure-Treated-Lumber-128813/100043043>

2 X 4 X 10 Standard Framing Board

- <http://www.homedepot.com/p/Unbranded-2-in-x-4-in-x-10-ft-Standard-Better-Kiln-Dried-Heat-Treated-Spruce-Pine-Fir-Lumber-161659/100077951>

Weed Preventative Fabric

- <http://www.homedepot.com/p/Easy-Gardener-WeedBlock-3-ft-x-50-ft-Polypropylene-Landscape-Fabric-1042R/202043542>

Home Depot and Lowes will cut wood for you if you do not have access to a way of cutting your wood. Utilizing this resource is highly recommended.

Thinner woods can be substituted if desired, and dimensions can be proportionally altered to fit any flower bed size. These instructions just provide a guideline for creating a raised flowerbed.

Learn to Make a Pallet Garden in 7 Easy Steps!

You'll need: Your pallet, two large bags of potting soil, 16 six-pack starter plants of annual flowers, a small roll of landscape fabric, a staple gun, staples and sandpaper. You'll find these items at your local hardware store. Popular annuals include: Marigolds, Poppies and Morning Glories.

- 1. Clean Your Pallet :** You probably picked the best of the litter, but give your pallet another once-over for chipped wood and loose nails. Use the sandpaper to smooth any potentially dangerous spots. If you're going to paint it, paint it now with water-resistant paint.
- 2. Staple the Landscape Fabric:** You're going to cover the bottom, back and sides of your pallet with landscape fabric, so choose which side of your pallet you want to show. Lay your pallet face down, and then roll the landscape fabric over the entire back. If it looks thin, layer the fabric twice. Staple the fabric into place near the top edge of the board, and then pull it taut. Staple every two inches. Repeat the stapling process on all four sides of the pallet until the back and sides are fully covered with fabric.
- 3. Staple Again:** Staple along the spine of the pallet and anywhere you think soil could fall out of the pallet. You can't over staple this project.
- 4. Plant Your Annuals:** You're going to plant with your pallet laying flat on the ground, so bring it close to its final spot and lay it top up. First, slide the plants into what will be the top. Plant very tightly – you don't want any soil to fall out. Once the top is capped, pour the entire first bag of potting soil onto the pallet and push it through the slots. Repeat this process with the second bag. Then, plant at least six plants into each open pallet slot, making sure to tightly pack the soil.

Craft Opportunity for Kiwanis

This year we as a District have been asked to pair our Key Goes Green initiative with Kiwanis's Caring Corner, at their DCON. We have been tasked with creating holiday materials such as cards and ornaments out of recyclable materials to be used for fundraising next fall at their Convention!

The following pages give instructions on how to create some of the requested crafts, and what to do with them when you're done.

Christmas and Holiday Cards

Materials needed:

- Pencil
- Card
- Scissors
- Hole punch

Steps:

1. With a pencil, draw (or stencil) the recipient's initial onto a card, and cut it out.
2. Punch a hole in the letter, and tie to gift with yarn or ribbon

Holiday Cards Ornaments

Materials needed:

- . Holiday cards
- . Cardboard
- . Craft glue
- . Scissors
- . Needle
- . Thread

Steps:

1. Cut out 20 circles: For a small ball, trace around the base of a jar that's about 1 1/4 inches in diameter; for a large one, trace around the bottom of a glass.
2. Cut another circle the same size from cardboard; on it, draw an equilateral triangle, points touching the edge of the circle. Cut out triangle; trace it onto the inside of each of the 20 circles. Score, and fold along all the lines.

Holiday Cards Ornaments (continued)

3. Next, use clear-drying craft glue to join one flap each from two circles -- triangles should point in the same direction. Using the same technique, attach the flaps of three more circles to these two, forming what will be the top. Make the bottom in the same way.

4. Glue remaining 10 circles together, this time with triangle points alternating up and down, forming a straight line. Glue the two end flaps to form a ring; this will be the middle section. Then glue top and bottom pieces to the flaps of the middle section.

5. Use a needle to create a small hole, and hang from silver thread.

Holiday Card Gift Tags

Materials:

- Holiday cards
- Gift tags
- Scissors
- Hole punch
- Hole punch reinforcements

Instructions

Glue designs snipped from holiday cards to store-bought or handmade gift tags and add charm to every package. Or, you can cut the cards themselves into tags and punch a hole for ribbon (press on a sticker first to reinforce the hole).

What to do with all these holiday creations?

Once you have created these holiday materials from recyclable materials, they will be used at Kiwanis DCON's Caring Corner as a fundraising item.

To turn your creations in:

1. Contact your Lieutenant Governor
2. Attend a DCM or plan a way to give them the gifts
3. Hold-on to them until your Spring Zone Rally where they will be collected

Be sure to bundle your club's creations together and attach your club's name to them so Kiwanians know where they're from

Questions? Contact us!

**Have any questions or want
more information on Key Goes
Green?**

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